## Tom Coverstone Memorial Scholarship Essay

Tom Coverstone's qualities made him a model individual both inside and outside of his profession. His impact on Choice One reflects his character and continues to inspire future generations, including myself, to become as well rounded as himself. I take pride in having the same qualities and traits as Tom.

Tom's commitment to others inside and outside of work was a staple of his career. He prioritized others around him, which is a trait that I seek to follow every day in both my career and my personal life. Making an impact in someone else's life is a significant accomplishment that shines bright in someone's accolades. Tom displayed this to perfection.

In my previous co-ops, I have made sure to respect as well as help my coworkers. When the time comes, I listen carefully to the important guidance and mentorship I am given as well as relaying the proper information to others. Having an environment where collaboration and respect are present makes the biggest difference. By listening and responding to my coworkers' ideas and concerns, it creates an environment where everyone feels valued. With this, everyone is able to contribute their best.

Tom was known for his plethora of knowledge and experience that he shared with others. His teacher like mindset and mentoring reflects what a role model is. Sharing knowledge and experience not only builds coworkers' skills, but also builds a culture of continuous learning and improvement.

With having two previous co-ops, I make efforts to show the new co-ops how to go about their tasks. I make myself readily available if any questions come up, as well as giving them assistance to ensure they don't go through the same mistakes I may have made when I was in

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their shoes. I also aim to show new and innovative ways of doing tasks to coworkers. Helping others saves time as well as strengthens relationships between my coworkers and me.

Another one of Tom's memorable qualities was his positive attitude. His smile and positive attitude through difficult times showed his resilience and optimism. It's important to try to have a positive attitude as it creates a better work environment for others as well as yourself. Tom's examples of this created a great work environment for Choice One.

I approach each task with a constructive mindset. Acknowledging there could be a better way to perform a task allows for more efficient work as well as a better environment where coworkers feel comfortable helping me. Giving others praise also goes a long way as it gives them confidence and builds the coworker relationship.

Tom's life was not solely work. Tom had the ability to balance his work with the great aspects of life. His love for racing shows how he had an appreciation for the simple things in life. Tom was also family man who made time for his loved ones. Spending time doing these things shows how Tom had a well-rounded life. I aim to follow Tom by having a balance between my work life and personal life.

Outside of work, I love to spend time with friends and family. Being able to make memories with these people creates the enjoyment in life I pursue. In my off time I also enjoy the outdoors. Whether it's doing an activity or just relaxing, the outdoors lets me rewind. Having a balanced life betters my personal life but also enhances my work performance by making sure that I am well-rested and motivated.

Tom's legacy at Choice One is a reminder of the impact that one individual can have. His commitment, teaching, positivity, and balance are the qualities I strive to mirror.